BOYCOTT OIL?

Oil palms are the most productive type of all edible oil crops. They produce 4-10 times more oil per acre than other crops like soy or canola. In this way, palm oil can be a more environmentally friendly oil, because less land is needed to produce the same amount of oil.

Indonesia and Malaysia are countries that struggle with poverty, and palm oil is a huge part of the economy. Without it, millions of additional people would be unemployed.

There will always be a demand for edible oil. It is in many of the items we eat and use every day. If we boycott palm oil, another crop will take its place.

Palm oil and its derivatives have more than 50 different names on product labels (such as sodium laureth sulfate and ethylene glycol monostearate). This makes it difficult for consumers to know if products contain palm oil.

If grown the right way – sustainably – palm oil can be the best choice for vegetable oil.